

**RESOURCES LIST (Outpatient)** updated 3/2023

**Troy**

**BMW Consulting LLC** -334-625-1340 (Buffie M. Williams, LPC NCC) [bmwconsulting.org](http://bmwconsulting.org)

**C. Booker Counseling & Consulting** - (Supervising LPC) – 334-670-2728

**East Central Mental Health** - 334-566-6022

**Mental Wellness Center** - 334-566-9800 (Dr. Heather Hartwell) Southern Health Associates Practice

**Warren Behavioral Care, Inc.** - 334-808-8991

**Montgomery**

**Annie Adams, LPC** – 334-647-1345 (serenitycounselingllp0028@gmail.com)

**Craig Bynum, M.S. LPC NCC** - 334-669-2696

**Dr. Rosemary Jones, PhD, Psychologist** - 334-260-8299

**Grace Point Behavioral- Caroline Abolade, M.D** Phone: 334 409 9242, Fax: 334 409 9186

**Montgomery Psychiatry & Associates-** 334-288-9009

**River Region Psychiatry / Alabama Psychiatry** 334-270-5502 or 334-239-2622

**Samaritan Counseling** - (income based/sliding fee scale) - 334-262-7787

**Dothan**

**Carol Dean, LPC or Ray Little, LPC** - Counseling Resources of Dothan - 334- 671-1280

**Carol Rheingans, LPC** - 334-699-6833

**Counseling Services of Dothan** - 334-794-2113

*National Suicide Prevention Line (1-800-273-8255)  
Veterans Crisis Line (800-273-8255)  
Text Crisis Line (Text HOME to 741741) or Call 988*

**Living Waters Counseling Center**, (income based/sliding scale) - 334-693-3380

**Toni Cannon, LPC** - Child and Family Services - 334-793-2237

**Wiregrass Wellness** - 334-673-8869

**Alcohol & Substance Abuse**

**Bradford Health Services-Montgomery** - 800-873-2887, 334-244-0702

**New Hopes Detoxification and Rehab - Union Springs** - 334-738-2140 ext. 1458

**NEWVISION, Dale Medical Center - Ozark** 334-443-0210

**Online Therapy Options**

[www.betterhelp.com](http://www.betterhelp.com)

**Domestic Abuse- House of Ruth**

334-793-5214

**Art/Play Therapy**

Shirly Johnson (upon request)

**Alternative Treatment - Infusion Wellness Center** -334-296-1662 (ADD/ADHD, Addiction, Anxiety, Depression, Headaches, Post Traumatic Stress Disorder, etc.)

**Sexual Violence & Abuse - Mental Health & Well-Being - Self-Harm & Suicide** <https://www.wannatalkaboutit.com/>

**Inpatient**

**COPE (Centers of Psychiatric Excellence)** - 1 (833) COPE-NOW / (1-833-267-3669) [www.copepsychiatry.com](http://www.copepsychiatry.com)

**Cross Bridge Behavioral Health-Montgomery** - 334-286-3116

**Gateway Behavioral Unit-Union Springs** - 334-738-2140 ext. 1458

**Southeast Alabama Medical Center Behavioral Medicine- Dothan** - 334-793-8111

*These serve providers are a directory list only. No recommendations, guarantees or endorsements are made regarding the quality of service you might expect from any of the professionals or businesses listed.*